

County		Hub Name	Main Means of Initial Contact
ALL		Main PHA Channel	https://t.me/ThePeoplesHealthAlliance
ALL		PHA Hub Help/Starting Out	https://t.me/PHA_Hub_Help
1	ENG - Bedfordshire	PHA Bedfordshire	https://t.me/+dyZDLuaIU9I3ZWM8
2	ENG - Berkshire	PHA Berkshire Hub	https://t.me/+qPkhdLz20ZpjMTc9
3	ENG - Bristol	PHA Bristol	https://t.me/+Vwlt8ppL7dEOYWU0
4	ENG - Buckinghamshire	PHA Buckinghamshire Hub	https://t.me/+UiEcNEQSRjU5Yjc0
5	ENG - Cambridgeshire	PHA Cambridgeshire Hub	https://t.me/+hgoDdhPP9s02ZTA0
6	ENG - Cheshire	PHA Cheshire & Manchester Hub	https://t.me/+dZ2APU-SuohjYTM0
7	ENG - Cornwall	PHA Cornwall Hub	https://t.me/+ysIdAFsfU_w3Zjk8
8	ENG - Devon	PHA East Devon	https://t.me/+nWchMJP7gDEwMDg0
9	ENG - Devon	PHA Mid Devon	https://t.me/+AQXIre_J0nhjYzU0
10	ENG - Devon	PHA North Devon	https://t.me/NDPHA
11	ENG - Dorset	PHA East Dorset Coastal	https://t.me/+qNXN8VrBeHQ0MjVk
12	ENG - Dorset	PHA Hub Dorset	https://t.me/phadorset
13	ENG - East Midlands	PHA East Midlands	https://t.me/+RNCKIDcBTvJjMzc0
14	ENG - East Sussex	Etchingham Hub	https://t.me/+A48kTIC9KAhmZDJk
15	ENG - East Sussex	PHA Brighton & Hove	https://t.me/+5UVvigxEheJjZWM0
16	ENG - East Sussex	PHA East Sussex Hub	https://t.me/+aXFinWRqAChkYzNk
17	ENG - East Sussex	PHA Pevensey/Polegate	https://t.me/+jrsndU-1n6pkOWM0
18	ENG - East Sussex	PHA Hastings/Bexhill/Battle	https://t.me/+ITdLcWNtpHs2ZmJk
19	ENG - East Sussex	PHA High Weald East	https://t.me/+IcCpqZbojTFIZmZk

20	ENG - East Sussex	PHA Rye East Sussex	https://t.me/+qxrK7M6R6XhkNjFk
21	ENG - East Yorkshire	PHA East Yorkshire & Hull Hub	https://t.me/+S7wSI2WGT-s5YjK
22	ENG - Essex	PHA Chelmsford & Essex	https://t.me/+OaM2QgGrYNg0ZiQ0
23	ENG - Essex	PHA South Essex Hub	https://t.me/PHASOUTHEND
24	ENG - Gloucestershire	PHA Gloucestershire Hub	https://t.me/+74in4clfwwVmNWU0
25	ENG - Gloucestershire	PHA Cheltenham	https://t.me/+aOry6sL3FJA0MjZk
26	ENG - Hampshire	PHA New Forest Hampshire	https://t.me/+3QKUKuz8mNA0M2U0
27	ENG - Herefordshire	PHA Herefordshire Hub	https://t.me/+ik6kX0OWkzBkZGEO
28	ENG - Hertfordshire	PHA East Hertfordshire	https://t.me/+nEiBGmM3PKAyZDA0
29	ENG - Hertfordshire	PHA Hertfordshire Hub	https://t.me/+riCfPxsSJIRhOTdk
30	ENG - Isle of Wight	PHA Isle of Wight Hub	https://t.me/+iR-QYEKMrFk0ZjM0
31	ENG - Kent	PHA Canterbury	https://canterburyhealthhub.org
32	ENG - Kent	PHA Kent Hub	https://t.me/+kXb6QHxtySFiMmVk
33	ENG - Kent	PHA Sandwich	https://t.me/+LQT3RoxgXY85ZmZk
34	ENG - Kent	PHA Seven Oaks	https://t.me/+8E_19kl0mlhmZDI0
35	ENG - Kent	PHA South & East Kent	https://t.me/+IjzHfixznJk4NTc0
36	ENG - Kent	PHA Thanet Hub	WhatsApp (please email info@the-pha.org for details)
37	ENG - Kent	PHA Tunbridge Wells	https://t.me/+wbc72zDLsS5NGU0
38	ENG - Lancashire	PHA Blackpool	https://t.me/+pqI01APDQ4M2Zjk0
39	ENG - Lancashire	PHA Garstang	https://t.me/+M1QZp0F_7Wk3ODc0
40	ENG - Lancashire	PHA Lancashire	https://t.me/+v5kgIG_EdGFjOWY0
41	ENG - Lancashire	PHA Bury	https://t.me/+rIprhGKKmZMwNDc8
42	ENG - Lancashire	PHA Preston	https://t.me/+LnkloPX0XV80YmJk

43	ENG - Lancashire	PHA Rossendale Hub	https://t.me/PHA_RossendaleHub
44	ENG - London	PHA Enfield/Edmonton	https://t.me/+kLbs-4Ume-E4NjFk
45	ENG - London	PHA Lambeth & Southwark Kennington, South London	https://t.me/+a8cshFhQAIA1MDBk
46	ENG - London	PHA North London	https://t.me/+8YcYu1DmfNswMmRk
47	ENG - Merseyside	PHA Liverpool & Merseyside	https://t.me/+hNzR4pW_u340MTJk
48	ENG - Norfolk	PHA Norfolk East	https://t.me/+g15h6KFZuro2Mjk0
49	ENG - Norfolk	PHA Norfolk West	https://t.me/+RIRvhoarn6Q4OTc0
50	ENG - Norfolk	PHA North Norfolk	https://t.me/+uAgywqYGwWdjMzI0
51	ENG - Norfolk	PHA South Norfolk	https://t.me/+8st2Ihe0rxY4ZDk0
52	ENG - North Yorkshire	PHA North Yorkshire Hub	https://t.me/+_V0cVgJ3DuRhMTk0
53	ENG - North Yorkshire	PHA Ryedale Area, North Yorkshire	http://t.me/+NLFx-6B9SwdIY2Jk
54	ENG - North Yorkshire	PHA York Hub	https://t.me/+A7psMJggpghiZWM0
55	ENG - Northamptonshire	PHA Hub Wellingborough/Rushden	https://t.me/+88AtRMpV8UFmODdk
56	ENG - Northamptonshire	PHA Northamptonshire Hub	https://t.me/+deOaiN0zRIg0NzM8
57	ENG - Nottinghamshire	PHA Nottinghamshire	https://t.me/+fk2a6mUNnXQ5MzJk
58	ENG - Oxfordshire	PHA Oxfordshire	https://t.me/+c1JR66bGX3NiZDRk
59	ENG - Somerset	PHA Glastonbury Hub	https://t.me/+UQvS6_eoA3I3ZDA0

60	ENG - Somerset	PHA Keynsham	https://t.me/+J3ljkfT0AZVIZzk
61	ENG - Somerset	PHA Somerset Hub	https://t.me/+80u6cC7Ho9tkMjY0
62	ENG - Somerset	PHA Taunton	https://t.me/+Z3mEsXiSTR4zNThk
63	ENG - Somerset	PHA Wells	https://t.me/+xFs552CMXFY5YjQ0
64	ENG - Somerset	PHA Weston Super Mare	https://t.me/+fUespMMP8otmNzQ8
65	ENG - Somerset	PHA Yeovil	https://t.me/+QrSg8tWf03BiNjk0
66	ENG - South Yorkshire	PHA South Yorkshire	https://t.me/+WDDPBI86Bug5M2Rk
67	ENG - Staffordshire	PHA Staffordshire	https://t.me/+eWNGBv6NCXc3MGU0
68	ENG - Suffolk	PHA Felixstowe Hub	https://t.me/+A-cqObP0MOBmYzQ0
69	ENG - Suffolk	PHA Suffolk Hub	https://t.me/+O2zOHeT4-xVmYmQ8
70	ENG - Surrey	PHA Ashtead Hub	https://t.me/+1Hx745I9jfQ3Y2Zk
71	ENG - Surrey	PHA Coulsdon Hub	https://t.me/+gfr3239apj41ODk0
72	ENG - Surrey	PHA Croydon Hub	https://t.me/+y-TjtmgQtCcxYwQ0
73	ENG - Surrey	PHA Guildford	https://t.me/+3Qbgk0SEzuc5YjRk
74	ENG - Surrey	PHA Spelthorne/Runnymede	https://t.me/+Qen4B9w1-N0wZDU0
75	ENG - Surrey	PHA Surbiton/Chessington	https://t.me/+67GkmoDnrmhIN2Jk
76	ENG - Surrey	PHA Surrey Hub	https://t.me/+0XoKHlw_c2hkNwFk
77	ENG - Tyne and Wear	PHA North Shields	https://t.me/+jN8jLODR3JwzYjNk

78	ENG - Warwickshire	PHA Coventry Hub	https://t.me/phacoventryhub
79	ENG - Warwickshire	PHA Rugby	https://t.me/+bKcFH3NNLrQyMTg0
80	ENG - West Midlands	PHA West Midlands Hub	https://t.me/+04SrLUTKkeI3OTQ0
81	ENG - West Sussex	PHA Bognor Regis	https://t.me/+6Jk21F-9aZ85N2I0
82	ENG - West Sussex	PHA Horsham	https://t.me/+Yf5Np9Z1V681MjU8
83	ENG - West Sussex	PHA Mid Sussex	https://t.me/+b4L3gE521YBhNzc8
84	ENG - West Sussex	PHA West Sussex	https://t.me/+M_EYdzjUj80zOTY8
85	ENG - West Yorkshire	Huddersfield Health Hub	https://t.me/+5Jwm-Dfx6TAzNDNk
86	ENG - West Yorkshire	Love My Health Leeds Hub	PHA Forum (please ask for Hub Lead details if you wish to join)
87	ENG - West Yorkshire	PHA Otley	https://t.me/+cC7W3Hp9Pb8zNjE0
88	ENG - West Yorkshire	PHA Wakefield	https://t.me/+1mIUc7gIRgQ1MWM0
89	ENG - West Yorkshire	PHA West Yorkshire Hub	https://t.me/+B6wHR-GPXfg5YjA0
90	ENG - West Yorkshire	PHA Wetherby & Boston Spa Hub	https://t.me/+8kBYHHv6hJ03NjU0
91	ENG - Wiltshire	PHA Wiltshire Health Hub	https://t.me/+JXO0a31xcllNzI0
93	ROI - Dublin	PHA Dublin hub	https://t.me/+jEnliFNj6oxMzg0
94	ROI - Kildare	PHA Kildare hub	https://t.me/communityhubkildare
95	SCO - Highland	PHA Moray & Highland Hub	https://t.me/+AQRef6zNT1wwNzY0
96	SCO - Lanarkshire	PHA Glasgow Hub	https://t.me/+pB7cBmiaX2M3ZmU0
97	SCO - Midlothian	PHA Edinburgh Hub	https://t.me/+t80kJlkJ8NAyZWE0
98	SCO - The Borders	PHA The Borders Hub	https://t.me/+GRhsd86vzbwzMGIO
99	SCO - Western Isles	PHA Western Isles	https://t.me/+v08kM1BnxUNjMWZk
100	WAL - Caerphilly	PHA Caerphilly	https://t.me/+ES8q-Gfw6KswODY8
101	WAL - Gwent	PHA Gwent South Wales Hub	https://t.me/+z1rjqw8M3OpmYWM0
102	WAL - North West Wales	PHA North West Wales	https://t.me/+ja26rkw_aVMYzGI0