



# The People's Health Alliance

for The People, by The People

## Code of Ethics

### Introduction

The People's Health Alliance (PHA) is committed to ensuring that all members within the PHA network are operating in line with the ethos of integrity and unity, supporting their local community as well as the wider PHA community.

The Code of Ethics sets out the expectations for all members of PHA and can form the basis for discussion in the event of a complaint against you as a member.

### Vision

To create a holistic healthcare service that empowers people to take responsibility for their own health.

### Mission

To create a network of independent, integrated community health hubs that work collaboratively to empower and educate people to take responsibility for their own health.

### Principles

1. Treat everyone with respect.
2. Act in the best interest of your clients and colleagues.
3. Work collaboratively and communicate effectively.
4. Take responsibility for your own actions.
5. Acknowledge we are all equals regardless of role.
6. Remain lawful.
7. Empower people to take responsibility for their own health.
8. Commit to self-improvement and learning new things.
9. Always do your best for yourself and others.
10. Embrace an integrated approach.



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## 1. Treat everyone with respect

Treat others how you wish to be treated; aggressive and controlling behaviour is not acceptable and has no place in PHA. Everyone has the right to be heard in a safe, loving space.

## 2. Act in the best interest of your clients and colleagues

Always act in the best interest of your clients and colleagues; their safety, comfort, confidentiality and welfare must be a priority.

## 3. Work collaboratively and communicate effectively

We encourage collaboration with like-minded people and organisations within your community and the wider PHA community to support the healthcare needs of The People.

## 4. Take responsibility for your own actions

Take responsibility for your actions and behaviour and how you respond to people and situations.

## 5. Acknowledge we are all equals regardless of role

Everyone has a part to play, no matter how big or small. Alone, we have limited resources; together we can create a better world.

## 6. Always remain lawful

Do not harm the natural rights (life, liberty, property) of another.

## 7. Empower people to take responsibility for their own health

Empowering people through education and knowledge sharing is a huge part of the PHA ethos.

## 8. Commit to self-improvement and learning new things

Recognise that life is about growth and striving to be the best version of yourself every day.



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### 9. Always do your best for yourself and others

Respect your personal boundaries and needs whilst always remaining in service to others.

### 10. Embrace an integrated approach

Acknowledge that being truly holistic is to embrace and work with a range of therapies and therapists; there is no 'one size fits all' approach.